

# Liste des 14 allergènes majeurs

## Symboles X (présence sure) ! (présence possible)

| Menus                    | Gluten<br>et<br>céréale | Crustacés | Œufs | Poisson | Arachide | Soja | Lait et<br>produit à<br>base de<br>lait et<br>lactose | Fruit à coque | Graine<br>de<br>sésame | Anhydride<br>de sulfureux<br>et sulfites de<br>+ de<br>10mg/kg | Moutarde | Céleri | Lupin | Mollusque |
|--------------------------|-------------------------|-----------|------|---------|----------|------|-------------------------------------------------------|---------------|------------------------|----------------------------------------------------------------|----------|--------|-------|-----------|
| Lundi 30 juin 2025       |                         |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Pain                     | X                       |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Tomates/ vinaigrette     |                         |           |      |         |          |      |                                                       |               |                        |                                                                | X        |        |       |           |
| Filet de merlu persillé  |                         |           |      | X       |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Petit épeautre           | X                       |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Yaourt aromatisé         |                         |           |      |         |          |      | X                                                     |               |                        |                                                                |          |        |       |           |
|                          |                         |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Mardi 1 juillet 2025     |                         |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Pain                     | X                       |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Taboulé oriental         | X                       | !         | !    | !       |          |      | !                                                     |               |                        |                                                                | !        | !      |       | !         |
| Lapin à la crème         |                         |           |      |         |          |      | X                                                     |               |                        |                                                                |          |        |       |           |
| Courgettes au four       |                         |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Yaourt nature            |                         |           |      |         |          |      | X                                                     |               |                        |                                                                |          |        |       |           |
|                          |                         |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Jeudi 3 juillet 2025     |                         |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Pain                     | X                       |           |      |         |          |      |                                                       |               |                        |                                                                |          |        |       |           |
| Salade verte/vinaigrette |                         |           |      |         |          |      |                                                       |               |                        |                                                                | X        |        |       |           |

|                         |   |  |  |  |  |  |   |  |  |  |   |  |  |  |
|-------------------------|---|--|--|--|--|--|---|--|--|--|---|--|--|--|
|                         |   |  |  |  |  |  |   |  |  |  |   |  |  |  |
| Burger de bœuf          | x |  |  |  |  |  | x |  |  |  |   |  |  |  |
| Frites                  |   |  |  |  |  |  |   |  |  |  |   |  |  |  |
| Glace                   |   |  |  |  |  |  | x |  |  |  |   |  |  |  |
|                         |   |  |  |  |  |  |   |  |  |  |   |  |  |  |
| Vendredi 4 juillet 2025 |   |  |  |  |  |  |   |  |  |  |   |  |  |  |
| Pain                    | x |  |  |  |  |  |   |  |  |  |   |  |  |  |
| Betteraves/vinaigrette  |   |  |  |  |  |  |   |  |  |  | x |  |  |  |
| Steak haché             |   |  |  |  |  |  |   |  |  |  |   |  |  |  |
| Boulgour                | x |  |  |  |  |  |   |  |  |  |   |  |  |  |
| Laitage varié           |   |  |  |  |  |  | x |  |  |  |   |  |  |  |